

Melbourne Counselling Service
is a part of
The Salvation Army Crossroads Network.

We provide the following services:

Gambler's Help Services

Therapeutic counselling
Financial counselling
Community education
Venue support

Financial Counselling Services

Doorways

Specialist Counselling Programs

Generalist counselling
Currawong (youth sexual assault counselling)

All of our services are
FREE and CONFIDENTIAL

For information about appointments
please contact (03) 9653 3250
and ask to speak to the intake worker.

Phone: 9653 3250
(intake workers available Mon–Fri 9am–4pm)

Email: mcsintake@aus.salvationarmy.org

Web: [www.salvationarmy.org.au/
melbourne-counselling-service](http://www.salvationarmy.org.au/melbourne-counselling-service)

All services available at:

Level 2, 69 Bourke Street, **Melbourne City**

Other Gambler's Help sites:

Merri Community Health Service
11 Glenlyon Road, **Brunswick**

Neighbourhood Justice Centre
241 Wellington Street, **Collingwood**

Other Doorways sites:

Preston Corps, 263 Gower Street, **Preston**
Sunshine Corps, 6/147 Harvester Road, **Sunshine**
Brunswick Corps, 256 Albert Street, **Brunswick**
Craigieburn Corps, 75 Interlink Drive, **Craigieburn**

All mail to:

PO Box 18375, Collins Street East, Victoria 8003



**Gambler's Help Services
Specialist Counselling Programs
Financial Counselling Services**

GAMBLER'S HELP SERVICES

Gambler's Help Therapeutic Counselling

Gambler's Help Therapeutic Counselling is a free specialist counselling service for individuals, couples and families who are affected by gambling. Our gambling counsellors provide an opportunity to talk about issues or concerns in a safe, confidential and accepting environment.

Therapeutic gambling counselling is also available without appointment on Wednesdays 12pm-3pm in the City. Come to reception at the Bourke St office and ask to see the Drop In gambling counsellor.

Gambler's Help Financial Counselling

Financial counsellors have expertise in debt recovery law and assist people who are experiencing financial difficulty. They help people who have debts to understand and exercise their rights and responsibilities in relation to these debts.

This is a free and confidential service available to anyone experiencing financial difficulty related to gambling. This service is available to gamblers and their affected others who live in the Cities of Melbourne, Yarra, Moreland and Moonee Valley.

Gambler's Help Community Education

The Community Educator raises awareness of the risks associated with problem gambling, and promotes help seeking behaviours through local community education and prevention activities. These are tailored to the local communities, but can include attending community events and providing talks to workplaces, community groups, schools and sporting clubs.

Gambler's Help Venue Support Program

The Venue Support Program aims to facilitate and support the ongoing development of responsible gambling practices and environments in the gaming industry consistent with approved industry Responsible Gambling Codes of Conduct.

In particular, the program aims to build the capacity of staff within gaming venues to identify patrons exhibiting gambling behaviours that may be associated with problem gambling and support relevant staff to respond appropriately to these patrons.

The program also aims to raise staff awareness of statewide and local Gambler's Help Services, Self-Exclusion programs and other support services.

DOORWAYS FINANCIAL COUNSELLING

This is a free and confidential Financial Counselling program prioritising people accessing Salvation Army services in the Melbourne CBD, Sunshine, Altona, Sunbury, Werribee, Greensborough, Preston and the Cities of Moreland and Moonee Valley.

SPECIALIST COUNSELLING PROGRAMS

Generalist Counselling Program

The generalist counselling program offers free counselling in the CBD and is fully funded by The Salvation Army. This service is available to people with a health care card or who are experiencing financial hardship and can access our city office. If you don't meet these criteria, you can still contact us and we can help you to find a counselling service for you.

Counsellors work with people on a wide range of issues including domestic violence, anxiety, stress, grief and loss, sexual abuse/assault, depression, sexuality, major life changes, relationships, trauma and low self esteem. This program is a statewide program.

Currawong (youth sexual assault counselling)

Currawong is a counselling service that supports young people (aged 13-25) who have been sexually assaulted at some time in their lives and who are connected to the DHS Western Melbourne Area.

Survivors of sexual assault are usually left to deal with many difficult and confusing feelings. These can include painful memories, feelings of worthlessness, difficulties trusting others or a loss of hope for the future. Counselling can help you understand these feelings and break free from their negative impacts on your life.

